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## CONSUMER TASK FORCE MARCH 25, 2008

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INTERNATIONAL SELF-DETERMINATION CONFERENCE

## OFFICE OF LONG-TERM CARE SUPPORTS & SERVICES

Update for the Consumer Task Force March 25, 2008

**BUDGET** - The budget process continues in the Senate. The Appropriations Committee has passed the draft. The next step is the Senate Floor, with meetings in April. The Long-Term Care Budget will be discussed on April 16, 10:30 - 12:30, Room 352 at the Capitol. The meetings are open to the public.

#### **GRANT UPDATES - See Project Updates**

#### **Office Updates:**

- Michael Head has been named the Interim Department of Community Health Deputy Director for the Mental Health and Substance Abuse Administration. Ms. Peggy Brey will be serving as Interim Director of the Office of Long Term Care Supports and Services, Department of Community Health. She will also retain her position as Deputy Director of the Office of Services to the Aging.
- Erin Atchue has been hired as the new Long-Term Care Connections Project Associate, effective March 24. She will be assisting Nora Barkey with this project.
- Jeanette Thomas, Administrative Support, has taken a new position with MMAP, effective March 28.

# CONSUMER TASK FORCE UPDATE OF PROJECTS MARCH 2008

#### MICHIGAN'S LONG TERM CARE CONNECTIONS MARCH 2008

The Office of Long Term Care Supports and Services continues to work with our evaluators from the Michigan Public Health Institute and Health Management Associates to develop measures to determine if the Long Term Care Connections are meeting our six goals.

#### The goals are:

**Goal # 1**: Provide consumers, caregivers and stakeholders with comprehensive information on long-term care options for current and future needs.

Goal #2: Consumers explore and understand long-term care options with guidance from unbiased counselors to reach informed decisions that best utilize their strengths and meet their preferences and needs.

**Goal #3:** Consumers receive benefits counseling for long term care services, care settings, licensing, financing, and planning.

**Goal #4**: Consumers make informed choices for residential settings and care services that best meet their preferences and values.

Goal #5: The LTCC project creates an efficient, effective and responsive centralized hub to access long term care services; the project capitalizes on the human and technical synergies of all stake holders to meet the immediate and future long-term care needs of Michigan consumers.

**Goal #6:** Effective working partnerships with local stakeholders build the capacity to identify, evaluate and respond to unmet and changing consumers needs, fostering continuous improvement for long-term care system change.

Because PA 634 requires a cost benefit analysis, we have developed hypotheses and measures that directly address this issue in addition to

measures of the above goals. The current draft concepts for thinking about cost benefit has five areas:

- 1. Options Counselors will provide consumers with information and assistance in understanding and accessing community-based services, which will result in a decrease in Medicaid-reimbursed nursing facility bed days and more clients served by Medicaid through either the MI Choice waiver or other community-based services.
  - a. Decrease in Medicaid-reimbursed nursing facility (NF) days, increased participation in waiver (if possible within ceiling) and increased Adult Home Help utilization.
  - b. Increased transitions from nursing facilities (to waiver or to community without waiver services).
- 2. These changes in utilization will result in more persons served for the same or fewer dollars.
  - a. Savings or projected savings (changes in healthcare costs from trend offset by cost of SPE system).
- 3. Options Counselors determine functional eligibility, which will result in more efficient use of system resources. (The acuity measurements will be based on the Minimum Data Set (MDS) or the Minimum Data Set for Home Care (MDS-HC.)
  - a. Higher acuity of NF residents in SPE than non-SPE counties.
  - b. Higher acuity of MI Choice Waiver enrollees in SPE than non-SPE counties.
  - c. An increase in the number of "adverse actions" (clients denied access to services when they do not meet the level of care criteria). Adverse actions are for clients with lower levels of acuity in SPE counties.
- 4. Increased visibility of LTC planning assistance may result in increased demand for waiver services and other Medicaid community-based services.
  - a. Information from surveys of Options Counseling clients. Or possible increase in number of individuals on the wait list for less than four months??
  - b. Woodwork effect analysis or assessment based on literature review.

- 5. Increased visibility of LTC planning assistance may result in more efficient use of private resources, delaying or avoiding need for statefunded assistance.
  - a. Information from Options Counseling survey questions about consumer choices/budgets etc.

#### SELF-DETERMINATION IN LONG-TERM CARE

The project director has been on vacation. No report was provided.

#### DRA/MFP DEMONSTRATION GRANT MARCH 2008

Since we anticipate a March 31 submission date for the Operational Protocol for the Money Follows the Person Demonstration Grant, staff is developing that document. Payment and data collection systems are being developed and information is being gathered to address issues such as: outreach and enrollment, benefits and services, consumer supports including back up systems, self-determination, etc. The Operational Protocol is the framework for Michigan's nursing facility transition program and must be approved by the Centers for Medicare and Medicaid before Michigan can begin drawing down the \$67 million awarded under the MFP grant.

#### PROJECT SUCCESS

We have 17 participants in the class, 9 from AAA1b including 7 staff and 2 consumers; 5 participants are from Partners in Personal Assistance; two are from Disabilities Advocates of Kent County, and Scott Heinzman, a QC3 Consumer Peer Mentor and graduate of a prior program, is participating and plans to work with AAA1B staff in offering the workshops. (see below if you'd like to share the names)

We had a great three-day session. Participants experienced the "Living the Life You Want" and "Exploring Self-Determination" workshops, and had a day of training practice. In their feedback, people said that they really valued the opportunity to actually practice facilitating and teaching, the discussion among participants, feedback, and the visuals in the curriculum. They are looking forward to more practice and covering additional topics.

We also found ways in which we need to continue developing the curriculum and explain more about self-determination and the various models for organizing personal assistance services. Participants suggested some great ways to improve the activities as well.

Our next session is April  $1-4^{th}$ , when we will cover the workshop on "Finding and Hiring Personal Assistants." Last, on May 20 - 22, we will be covering an introduction to supervisory skills.

- 1. Carol Amos, AAA1B Participant
- 2. Larry Bassin, AAA1B Social Worker
- 3. Geralyn Beard, AAA1B Care Manager
- 4. Pam Burke, AAA1B RN
- Colleen Clancy, Partners in Personal Assistance (PPA) Administrative Coordinator
- 6. **Amber Dallwig**, AAA1B Clinical Quality Assurance Supervisor
- 7. Ann Flood, AAA1B Care Manager
- 8. **Robert Gordon,** AAA1B MI Choice Participant
- 9. **Sharon Hall, Disability** Advocates of Kent County (DAKC) Participant

- 10.**Scott Heinzman,** Participant Graduate of MQC3 TTT
- 11.**Julie Karbginsky,** AAA1B Care Manager
- 12.**John Kuchinsky,** PPA VISTA Worker
- 13. Cynthia Kuehn, AAA1B RN
- 14.**Deborah Quantock**, PPA Board Secretary
- 15. Jody Slowins, PPA Participant
- 16. **Verna Spayth,** PPA Participant/Advocate
- 17. **Cyndy Viars,** DASK Systems Change Facilitator

#### MONEY FOLLOWS THE PERSON MARCH 2008

March is the final month of this federal grant. A final report will be due within 90 days from the end of the grant period. The end of the grant does not mean that the initiatives and activities which have been supported by this funding will cease. Staff resources and other expenses will be picked up by another OLTCSS grant, the Systems' Transformation Grant (STG).

On March 11<sup>th</sup>, the Self-Determination Implementation Leadership Seminar was held in Lansing. A total of 69 people attended. The agenda for this event was to present a detailed look at how three consumers transformed their lives from family or institutional living into a self-determined arrangement. The person-centered planning process, individual plan of services, individual budget, working with a fiscal intermediary, employment options and the self-reported outcomes were covered for these consumers. The next seminar in this series will be on May 13<sup>th</sup> at the Lansing Holiday Inn South.

The development of the 1915(b)(c) waiver requests to define a Prepaid LTC Health Plan continue to take shape through a workgroup process. The workgroups are made up of staff from OLTCSS, the Medical Services Administration and Advocates. The Feasibility Study to demonstrate cost neutrality and cost effectiveness is also underway.

#### MEDICAID INFRASTRUCTURE GRANT (MIG) MARCH 2008

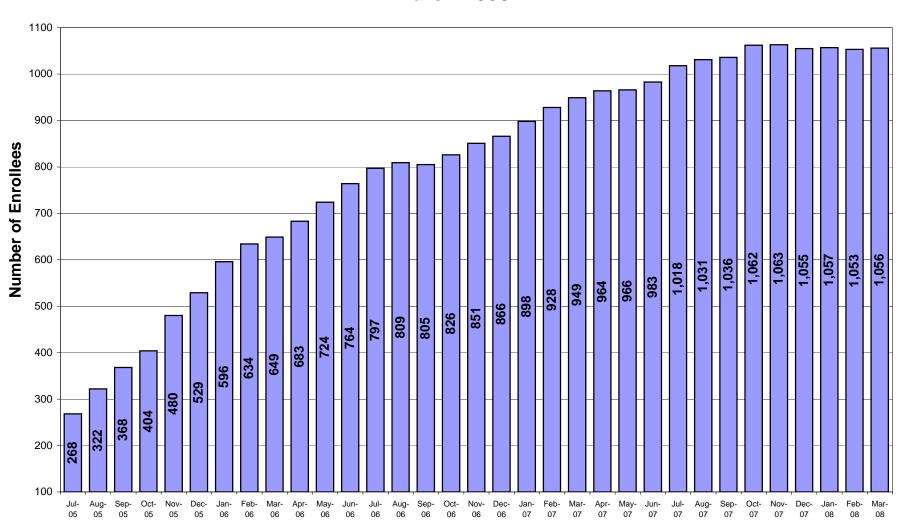
There are presently 1056 Freedom to Work (FTW) participants.

The Medical Services Administration (MSA)/MIG joint meeting was held on February 19. MSA is hiring a half-time staff to address transitioning people from AD Care to FTW. They hope to have this position filled by late March. Other discussions on February 19, led to Ed Kemp and Logan asking MIG staff and other attendees to prepare a proposal on what "improved" FTW language would include. They will give this proposal consideration for an amendment, conduct an actuarial analysis, and provide response to the proposal. The MIG will facilitate several meetings over the next couple of months to incorporate best options as discussed during past MSA/MIG discussions.

Joe attended the Michigan Works Disability Issues Subcommittee on March 4 and participated with this group as it shaped its vision for the future. There was significant discussion about remembering that the end customers for this group are people with disabilities. The group also recognizes that a key primary task is to provide direction to the Michigan Works One-stop Members across the State.

Jill Gerrie is coordinating a meeting in mid-April with lead Project Search initiatives across Michigan. This will be a small focused meeting with these lead agencies to discuss what is working well and what challenges need to be addressed to best assure success. The Department of Ed and Michigan Rehabilitation Services are invited to participate.

## Michigan FTW Enrollees March 2008



### Freedom to Work Enrollment By County March 2008

County Code	County Name	Count Beneficiary ID	County Code	County Name	Count Beneficiary ID
1	Alcona	1	40	Kalkaska	3
2	Alger	1	41	Kent	99
3	Allegan	11	44	Lapeer	9
5	Antrim	3	45	Leelanau	1
6	Arenac	4	46	Lenawee	12
8	Barry	4	47	Livingston	6
9	Bay	33	49	Mackinac	2
10	Benzie	4	50	Macomb	69
11	Berrien	33	51	Manistee	6
12	Branch	10	52	Marquette	8
13	Calhoun	15	53	Mason	4
14	Cass	5	54	Mecosta	6
15	Charlevoix	7	55	Menominee	3
16	Cheboygan	1	56	Midland	17
17	Chippewa	8	58	Monroe	15
18	Clare	6	59	Montcalm	1
19	Clinton	7	60	Montmorency	2
20	Crawford	2	61	Muskegon	39

County		Count Beneficiary	County		Count Beneficiary
Code	County Name	ID	Code	County Name	ID
21	Delta	7	62	Newaygo	9
22	Dickinson	5	63	Oakland	101
23	Eaton	14	64	Oceana	4
24	Emmet	6	65	Ogemaw	1
25	Genesee	30	66	Ontonagon	1
27	Gogebic	4	67	Osceola	3
28	Grand Traverse	27	69	Otsego	10
29	Gratiot	3	70	Ottawa	24
30	Hillsdale	6	72	Roscommon	5
31	Houghton	8	73		9
32	Huron	5	74	St. Clair	15
33		45	75	St. Joseph	8
34	Ionia	2	76	Sanilac	6
35	losco	1	78	Shiawassee	9
36	Iron	2	79	Tuscola	5
37	Isabella	5	80	VanBuren	8
38	Jackson	16	81		39
39	Kalamazoo	61	82	Wayne	89
			83	Wexford	6
				TOTAL	1056

## MICHIGAN QUALITY COMMUNITY CARE COUNCIL MARCH 2008

County #	County Name	HH* Recipients	# Served	% of HH Served	DHS Referrals	% of HH DHS Referred	Providers Available
1	Alcona	50	1	2.00%	1	2.00%	1
2	Alger	19	0	0.00%	0	0.00%	1
3	Allegan	251	6	2.39%	5	1.99%	3
4	Alpena	144	1	0.69%	1	0.69%	1
5	Antrim	97	1	1.03%	1	1.03%	2
6	Arenac	151	14	9.27%	14	9.27%	10
7	Baraga	64	0	0.00%	0	0.00%	0
8	Barry	152	0	0.00%	0	0.00%	7
9	Bay	692	82	11.85%	79	11.42%	51
10	Benzie	67	0	0.00%	0	0.00%	4
11	Berrien	818	3	0.37%	1	0.12%	4
12	Branch	99	0	0.00%	0	0.00%	5
13	Calhoun	620	0	0.00%	0	0.00%	6
14	Cass	172	1	0.58%	1	0.58%	2
15	Charlevoix	70	0	0.00%	0	0.00%	2
16	Cheboygan	178	0	0.00%	0	0.00%	2
17	Chippewa	173	0	0.00%	0	0.00%	0
18	Clare	182	6	3.30%	5	2.75%	4
19	Clinton	114	2	1.75%	2	1.75%	22
20	Crawford	65	3	4.62%	1	1.54%	2
21	Delta	191	0	0.00%	0	0.00%	1
22	Dickinson	134	0	0.00%	0	0.00%	0
23	Eaton	299	14	4.68%	12	4.01%	25
24	Emmet	141	0	0.00%	0	0.00%	2
25	Genesee	2693	85	3.16%	83	3.08%	87
26	Gladwin	152	1	0.66%	0	0.00%	4
27	Gogebic	51	0	0.00%	0	0.00%	0
28	Grand Traverse	219	1	0.46%	1	0.46%	7
29	Gratiot	132	0	0.00%	0	0.00%	3
30	Hillsdale	184	1	0.54%	1	0.54%	4
31	Houghton	133	0	0.00%	0	0.00%	0
32	Huron	131	3	2.29%	3	2.29%	4
33	Ingham	1246	130	10.43%	88	7.06%	52
34	Ionia	192	16	8.33%	14	7.29%	14
35	Iosco	134	0	0.00%	0	0.00%	6
36	Iron	95	0	0.00%	0	0.00%	1
37	Isabella	266	2	0.75%	2	0.75%	1
38	Jackson	653	2	0.31%	1	0.15%	5
39	Kalamazoo	1130	2	0.18%	0	0.00%	7
40	Kalkaska	74	0	0.00%	0	0.00%	1
41	Kent	1905	53	2.78%	36	1.89%	55
42	Keweenaw	11	0	0.00%	0	0.00%	0

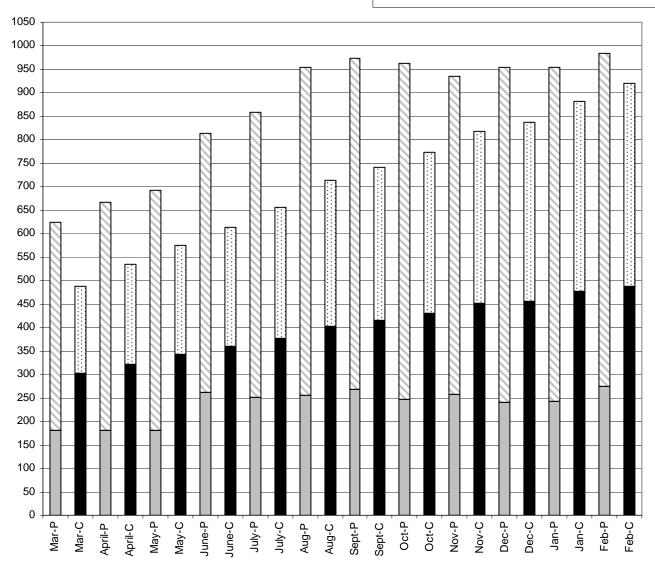
County #	County Name	HH* Recipients	# Served	% of HH Served	DHS Referrals	% of HH DHS Referred	Providers Available
43	Lake	109	2	1.83%	2	1.83%	4
44	Lapeer	159	2	1.26%	2	1.26%	15
45	Leelanau	11	0	0.00%	0	0.00%	3
46	Lenawee	223	1	0.45%	0	0.00%	2
47	Livingston	230	3	1.30%	3	1.30%	9
48	Luce	39	1	2.56%	1	2.56%	0
49	Mackinac	38	1	2.63%	1	2.63%	0
50	Macomb	3296	103	3.13%	102	3.09%	210
51	Manistee	187	0	0.00%	0	0.00%	4
52	Marquette	232	0	0.00%	0	0.00%	3
53	Mason	100	0	0.00%	0	0.00%	3
54	Mecosta	234	1	0.43%	1	0.43%	3
55	Menominee	148	1	0.68%	0	0.00%	1
56	Midland	379	1	0.26%	1	0.26%	4
57	Missaukee	52	1	1.92%	1	1.92%	1
58	Monroe	346	0	0.00%	0	0.00%	2
59	Montcalm	268	6	2.24%	4	1.49%	15
60	Montmorency	59	0	0.00%	0	0.00%	1
61	Muskegon	897	2	0.22%	2	0.22%	9
62	Newaygo	291	8	2.75%	8	2.75%	2
63	Oakland	3787	144	3.80%	138	3.64%	260
64	Oceana	152	3	1.97%	1	0.66%	2
65	Ogemaw	272	0	0.00%	0	0.00%	7
66	Ontonagon	48	1	2.08%	1	2.08%	0
67	Osceola	151	0	0.00%	0	0.00%	4
68	Oscoda	41	1	2.44%	1	2.44%	1
69	Otsego	182	13	7.14%	10	5.49%	7
70	Ottawa	276	9	3.26%	8	2.90%	11
71	Presque Isle	55	0	0.00%	0	0.00%	1
72	Roscommon	168	1	0.60%	1	0.60%	1
73	Saginaw	1348	65	4.82%	62	4.60%	64
74	St. Clair	596	6	1.01%	6	1.01%	15
75	St. Joseph	193	0	0.00%	0	0.00%	1
76	Sanilac	203	2	0.99%	2	0.99%	6
77	Schoolcraft	68	0	0.00%	0	0.00%	0
78	Shiawassee	232	17	7.33%	17	7.33%	10
79	Tuscola	193	1	0.52%	1	0.52%	8
80	VanBuren	372	24	6.45%	22	5.91%	6
81	Washtenaw	950	21	2.21%	18	1.89%	22
82	Wayne	17850	69	0.39%	31	0.17%	485
83	Wexford	170	2	1.18%	2	1.18%	7
Total		48949	942	1.92%	801	1.64%	

Percentage of Consumers served, referred by DHS.

85.03%

## Michigan Quality Community Growth Over a Ye Mar 07- Feb 08

- □ Consumers in the rest of the state
- Consumers in the first 8 counties
- □ Providers in the rest of the state
- ☐ Providers in the first 8 counties



#### Update to Consumer Task Force Long-Term Care Supports and Services Advisory Commission Meeting Date: February 25, 2008

Since there was not a quorum of Advisory Commission members, the February 25 gathering cannot be considered an official meeting and no minutes were taken. Items discussed included a state budget overview and report from the Director of the Office of LTC Supports and Services.

Michael Head provided a copy of the presentation that was made to the Senate appropriations subcommittee on the Governor's FY 2009 budget proposal. The budget proposes to re-invest approximately \$32 million in savings realized from lower than expected nursing facility utilization into community-based programs. There was lengthy discussion regarding the impact of this proposal on nursing facilities. Commissioner Reardon distributed a copy of the Health Care Association of Michigan's testimony to the Senate appropriations committee. HCAM is proposing a health care pass through be provided to fund health insurance for unlicensed nonprofessional-type staff. It was reiterated that the Advisory Commission supports increased funding for the full array of long-term care services. Budget issues will be revisited in March to determine whether any advocacy action is needed on the part of the Commission.

The FY 2008 DCH budget boilerplate requires the Department to study case mix reimbursement. This effort is specifically targeted to nursing facilities and does not include home and community-based services. A report is due to the Legislature in July. Farmer noted that the Advisory Commission's Finance workgroup is looking at case mix across all long-term care services, not just the nursing facilities.

William Mania, Yolanda McKinney, Hollis Turnham, and Toni Wilson were reappointed to the Advisory Commission, all with terms expiring in December 2011. In addition, Raewyn J. Bower of Grand Rapids, the former president of the Hutt Valley Disabled Persons Assembly in New Zealand, was appointed to represent primary or secondary consumers of long-term care supports and services for a term expiring December 31, 2009. She succeeds Sandra Kilde who has resigned.

The next meeting of the Long Term Care Supports and Services Advisory Commission is Monday, March 24, 2008.



## STATE OF MICHIGAN OFFICE OF SERVICES TO THE AGING LANSING

JENNIFER M. GRANHOLM

DATE:

March 25, 2008

TO: Consumer Task Force

FROM: Wendi Middleton

SUBJECT OSA's AoA NHD Grant Update

Three of the four workgroups have met and are moving along toward their respective goals.

<u>Targeting Workgroup</u>: The work of the targeting group is to determine the subset of those over age 60 who are receiving or will receive Older American's Act-funded services, are at risk of nursing home placement, but are not Medicaid eligible, to be included in the demonstration project. This group has met four times. At this point in time the following four factors will be used in a testing phase:

- 1. \$50,000 in assets per person or higher
- 2. A combination of ADL's and IADL's
- 3. Presence of cognitive impairment
- 4. Absence, or loss of informal support

AAA's involved in the demonstration project will use these criteria to test their care management and case coordination and support waiting lists to determine the number of folks who meet it. As of March 20, testing of the waiting lists for care management and case coordination and support continues and the draft targeting form continues to be tested.

<u>Policies and Standards Workgroup</u>: This group has met three times, has finished its gap analysis and discussed standards and policies which may act as barriers to implementing person-centered-planning and self-determination. On March 27, Information and Assistance (I and A) staff from the three partner area agencies on aging will be meeting with the Policies and Standards workgroup to discuss proposed changes to I and A operating standards and service definitions.

<u>Training and Outreach Workgroup:</u> This group has met five times spending its time learning about culture change and sustainability, Eden at Home, power and privilege and stages of dementia and risk and liability. The subgroup will be meeting with I and A staff from the partner area agencies on aging on March 27 to design training for I and A and case coordination and support workers on person-centered thinking in preparation for a one-day training for all partner I and A and case coordination and support staff in preparation for the first Collaborative Learning Session scheduled for May 20, 2008.

<u>Aging Information Systems:</u> This workgroup will concern itself with grant specific data requirements and reporting. This group will not meet until later in the process.



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SHARON L. GIRE DIRECTOR

## CONSUMER WORKGROUPS MARCH 13, 2008

The Consumer Task Force requested a list of the projects that need consumer input. The following are the groups that have been identified so far. This list will be updated as more information is presented.

**LONG-TERM CARE CONNECTIONS** - Consumers may wish to participate in the LTCC Consumer Advisory Boards:

Southwest LTCC -	West Michigan LTCC	
<ul> <li>Barry</li> <li>Berrien</li> <li>Branch</li> <li>Cass</li> <li>Calhoun</li> <li>Kalamazoo</li> <li>St. Joseph</li> </ul>	<ul> <li>Allegan</li> <li>Ionia</li> <li>Kent</li> <li>Lake</li> <li>Mason</li> <li>Mecosta</li> </ul>	<ul><li>Montcalm</li><li>Muskegon</li><li>Newaygo</li><li>Oceana</li><li>Osceola</li><li>Ottawa</li></ul>
Van Buren     Upper Peninsula LTCC	Detroit LTCC	

**MONEY FOLLOWS THE PERSON -** Consumers are needed to participate on a state level and a local level advisory group for the prepaid LTC health plan. The development of a new LTC waiver to support elderly and people with disabilities in healthy community living is the focus of these groups. The local area advisory group is located in the City of Detroit.

**STATE PROFILE** - This grant will include an advisory group to provide input on issues such as what information we include in our profile of Michigan's LTC system and how we present it. In the second half of the grant (2009-2010), we will participate in a national effort to develop "balancing indicators". These will be measure that will be used across states to measure progress toward balancing LTC systems between institutional care and home and community-based care. The advisory group will provide input to this work as well.

**SYSTEMS TRANSFORMATION GRANT** - This grant will rely on the Consumer Task Force and LTC Advisory Commission for input. Each of the grant's three goals (single point of entry, self-determination and flexible funding/pre-paid health plans) has stakeholder involvement through other groups.

#### LTC COMMISSION WORKGROUPS - See attached

**DRA/MFP** - Nursing Facility Transition Stakeholders Council which includes consumer.

## MICHIGAN LONG-TERM CARE SUPPORTS AND SERVICES ADVISORY COMMISSION

#### **MEMBERS**

Andrew Farmer, Chair Lansing

Robert Allison Royal Oak

Raewyn Bower Grand Rapids

RoAnne Chaney, Secretary East Lansing

Christine Chesny Bay City

Linda Ewing Grosse Pointe

Connie Fuller Rock

William Gutos Grand Rapids

Dohn Hoyle Brighton

William Mania Southfield

Yolanda McKinney Southfield

Marsha Moers East Lansing

Denise Rabidoux Detroit

Jon Reardon Saginaw

Hollis Turnham, Vice Chair Lansing

Rev. Charles Williams II Detroit

Toni Wilson Waterford

#### **YOU'RE INVITED!**

PLEASE JOIN US IN CONTINUING STATE LONG TERM CARE REFORM IMPLEMENTION POLICY DEVELOPMENT AND ADVOCACY

BASED ON THE 2005 MICHIGAN MEDICAID LONG TERM CARE TASK FORCE FINAL REPORT RECOMMENDATIONS\*

TOPIC	WORKGROUP CHAIRS	EMAIL & PHONE#
FINANCE	Jon Reardon	hoyt22@speednetllc.com
		(989)754-1419
	Chris Chesny	chris.chesny@Midmichigan.org
		(989)633-1401
PREVENTION	RoAnne Chaney	roanne@prosynergy.org
		(517) 333-2477 x319
WORKFORCE	Hollis Turnham	HTurnham@PHInational.org
		(517)327-0331
PERSON CENTERED	Denise Rabidoux	rabidouxd@evangelicalhomes.org
PLANNING		(313)836-5906
	Dohn Hoyle	dhoyle@arcmi.org
		(517)487-5426
QUALITY	Sarah Slocum	slocums@michigan.gov
		(517)335-0148
	Toni Wilson	tonoi22@yahoo.com
		(248) 682-0018
PUBLIC EDUCATION &	Sharon Gire	GireSh@michigan.gov
CONSUMER		517-373-8268
PARTICIPATION IN THE	Peggy Brey	BreyP@michigan.gov
SYSTEM		517-241-0988
Inquiries About	Andrew Farmer	afarmer@aarp.org
Workgroups		(517)267-8921

Please feel free to contact any of the people above directly for information on subject matter, agendas, meeting schedules, locations, related volunteer opportunities, and, tell them if you wish to be added to their workgroup information distribution list. Joining multiple workgroups is allowed and encouraged! Be advised no arrangements are currently planned for participation via teleconferencing and indicate to each given Chair (or Co-Chair) whether you wish to participate by email only. Every effort will be made to make Workgroup meetings widely and fully accessible. Distribute this invitation flyer and spread the word to all other networks and communities you are involved in to make these Workgroups as strong as possible and improve their results!

For more information on Michigan's Long Term Care Supports & Services Advisory Commission, \*copies of *Modernizing Michigan Medicaid Long-Term Care -- Toward an Integrated System of Services and Supports* and other information on the many efforts to reform long term care undertaken through the Michigan Office of Long Term Care Supports and Services, go to <a href="https://www.michigan.gov/ltc">https://www.michigan.gov/ltc</a>.

- Money should "follow" the person not the building or special program. To allow the greatest choices and freedom, it is critically important to keep separate or a firewall between personal support services and housing services.
- 3. Support the Governor's Long-Term Care budget, which includes an increase in wages for Home Help workers, raising them to a little above the minimum wage.

#### Rationale:

- Wages must be increased for home care workers to attract and retain trained and experienced individuals. Our elders and people with disabilities deserve no less!
- 4. Single Point of Entry funding must be continued and enhanced.

#### Rationale:

- ➤ The pilot Single Points of Entry remain and important feature to long-term care reform.
- ➤ Each of the four SPEs, named Long-Term Care Connections, are making steady progress toward their goals of being an unbiased source of information, options counseling, and long-term care planning. Funding must be budgeted to allow the SPEs to fully develop and achieve full results.
- 5. There is a need for accountability of quality assurance and improvement across the array of long-term care, supports, and services.

#### Rationale:

- The taxpayers of Michigan must not pay for poor quality care with any service or support provided in the array.
- The legislature should require data and reporting regarding quality assurance and continuous improvement for all long-term care services and supports.
- Any funding initiatives for quality should demand quality reporting and results across the array of care, supports, and services.

## The Olmstead Coalition Position on the 2009 Budget Long-Term Care, Supports and Services

- 1. There must be an unequivocal priority reflected in the Michigan state budget for long-term care, supports, and services.
  - a. Adequate home care must be included in the array of LTC to meet needs and preferences.

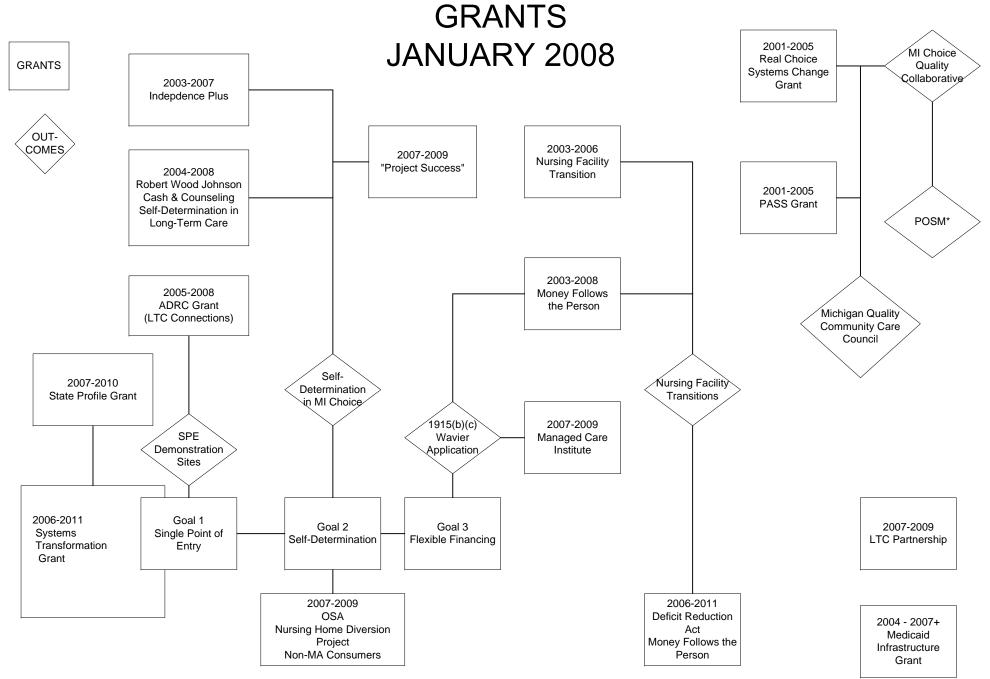
#### Rationale:

- MI Choice, a cost-effective alternative to nursing home care, has a waiting list of 3,300 statewide. These older adults and people with disabilities are at risk of institutionalization if they and their caregivers receive no assistance. Many of the caregivers are at risk of significant health problems.
- ➤ The average annual cost of a MI Choice consumer is \$10,900, so it will take an investment of \$36 million to serve 3,300. In contrast, if these individuals entered a nursing home, it would cost the state over \$50,000 each for a total cost of \$167 million.
- While most Michigan citizens want to receive LTC in their own homes, the state continues to spend most of its LTC Medicaid dollars on nursing homes. Medicaid in Michigan spends \$2 billion on LTC, with 80% of that spent on nursing homes and only 20% on home care.
- Without a significant investment in home care, state spending on nursing homes will explode. Between 2000 and 2005, nursing home costs grew in Michigan by 45%. The aging of the baby boomers will add to the problem.
- 2. A unified long-term care line item enables funding efficiencies according to people's needs and preferences.
  - a. People in licensed adult foster care and homes for the aged should be able to "age-in-place" and avoid transfer to a nursing home. Funding, however, should be assigned to individuals, not to buildings.

#### Rationale:

- ➤ There must be flexible funding to allow enhanced funding to reflect choices and efficiencies to home care, and care in licensed settings such as assisted living, adult foster care, and homes for the aged.
- Without flexibility in long-term care funding, choice remains restricted and nearly impossible.
- Transferring funds between line items is cumbersome and after-the-fact. Demonstrating efficiencies cannot be done after-the-fact. It requires an upfront, proactive funding decision to respond to choices.
- ➤ The whole concept of flexible funding with accountability to the legislature would enable individuals with need to have a true choice among their own homes, nursing facilities, assisted living, adult foster care, or homes for the aged.

## RELATIONSHIP OF LONG-TERM CARE



<sup>\*</sup>POSM - Participant Outcome and Satisfaction Measures - Quality of Life Instrument

International Conference on Self-Determination

IS THE RIGHT OF ALL PEOPLE, REGARDLESS OF ONE'S DISABILITY OR NEED FOR SUPPORT



# This spring in Detroit, you can help determine the future of Self-Determination



For much of the modern era, the city of Detroit has had a profound impact on our lives. From putting the world on wheels to creation of the Motown sound, Detroit has helped to shape the very fabric of American culture. Today, downtown Detroit is experiencing an urban renaissance unparalleled among big cities in the U.S. Come see the change for yourself, and help formulate

strategies that can make a real difference in achieving a society with true freedom and self-determination for all.

May 27th through the 29th, the Center for Self-Determination is hosting an international conference in Detroit that will go beyond just talking about what a good idea self-determination is. It's designed to create opportunities for in-depth discussions about how people—across disability groups and global boundaries—can learn from each other and work together to make self-determination a priority in our communities and in our lives.

Please plan on participating in this momentous occasion and together we'll make something positive happen.

#### **Some of the Major Participants and Sponsors:**

Join these renowned organizations for a unique and exhilarating conference experience. New organizations of note are being added to the list of participants and sponsors every day. For an up-to-date list of sponsors and participants, visit us at **www.self-determination.com.** 

- Detroit-Wayne County Community Mental Health Agency
- Oakland County Community Mental Health Authority
- Michigan Department of Community Health
- > Community Living Services, Inc.
- Michigan Association for Community Mental Health Boards
- Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (scholarships)
- > Centers for Medicare and Medicaid Services
- The Office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services

## Conference Program

#### **Tuesday, May 27, 2008**

Conference Registration, 8:30 am-4 pm

Pre-Conference Concurrent Sessions, 9:00 am-4:00 pm

Session Descriptions:

#### Income and Asset Development

In-depth forum for helping people, regardless of their disability, have viable income earning opportunities and build financial assets. Highlights: Creating alliances, government and community endeavors, gaining freedom through financial security.

Moderator: Jack Hillyard, Employment Policy Group, University of Iowa

#### **International Communication and Information Sharing**

Self-determination stories from around the world and finding ways to streamline information sharing and communication. Highlights: Develop ways to stay informed and making sure information sharing is accessible to all. Moderator: Barbara Leroy, Ph.D., The Developmental Disabilities Institute, Wayne State University, Detroit; Brian Salisbury, Community Living, British Columbia; Steve Dowson, National Development Team, United Kingdom; Colleen Wieck, Minnesota Governor's Council on Developmental Disabilities; Doug Woollard, Community Living British Columbia; Dan Fisher, The Empowerment Center, MA

#### Tuesday 4:15 pm-6:30 pm

Welcoming Ceremony and Reception

#### Wednesday, May 28, 2008

Welcome, Breakfast and Plenary, 8:30-9:30 am

#### Wednesday Morning Concurrent Sessions, 10:00-11:30 am

Wednesday sessions are composed of cross-disability panels. Members of self-determination efforts in mental health services, the independent living movement, elder services and developmental disabilities services will be represented.

#### All Sessions continue after lunch.

Session 1A

## Systems Change: Changing the Agenda for Human Services and the Control of Public Funding in the United States

Examine critical elements of shifting the human services agenda and the control of funding in U.S. service systems.

Moderators: Bob Kafka, ADAPT; Rebecca Shuman, The Arc of New Mexico

Session 1B

## Systems Change: Changing the Agenda for Human Services and the Control of Public Funding — An International Perspective

From an international perspective, explore the movement of shifting the human services agenda and funding control. Confirmed panel members from Australia, the United Kingdom, Canada and Europe. *Moderator: Steve Dowson, National Development Team, UK* 

Session 1C

## Structural Change: Budgets, Allocation Strategies, Fiscal Management, Planning, Brokering, Peer Supports, Coordination

Hear how people are actively working in systems to change how supports are created and organized using the tools of self-determination; individual budgets, independent planning, support coordi-

## Conference Program

#### Wednesday, May 28, 2008 (continued)

nation, brokering, peer supports and independent financial management.

Moderator: Jim Dehem, Community Living Services, MI

Session 1D

#### Advocacy and Leadership — Strengthening the Movement

Focusing on the commitment to build a global, cross disability coalition, participants will present their findings at the conference's closing session.

Moderators: Dan Fisher, The National Empowerment Center; Marsha Rose Katz, ADAPT, Rural Institute, MT; Bob Liston, ADAPT, Montana Fair Housing Session 1E

## Work Imperative: People Taking Charge of Their Economic Futures With Self-Determination

Learn income earning opportunities and economic security by focusing on meaningful work with real income and career opportunities; self employment/micro enterprise, creative job development/support, building, utilizing social capital and more.

Moderators: David Hammis & Cary Griffin, Griffin-Hammis Associates Session 1F

#### Workforce Issues

Learn about Michigan's partnerships with organized labor and SEIU in particular. Discuss how these partnerships can assure people will have qualified and trained staff who can provide the paid support they need to pursue their lives. Focus will be on hiring, training and retaining good workers.

Moderator: Dohn Hoyle, The Arc of Michigan

Session 1G

#### StoryCorps Interviews and The Power of Your Story

StoryCorps, in partnership with National Public Radio and the American

Folklife Center of the U.S. Library of Congress, inspires people to record stories in sound. While this innovative oral history is taken, mini-workshops and roundtable discussions about "The Power of Your Story," will be held throughout the conference.

Moderators: Pat Carver; Angela Martin; Ray Schuholz; Ann Thomas

#### Wednesday Luncheon, 12:00-1:30 pm

The Centers for Medicare and Medicaid Services (CMS) have made a major commitment to participate in all roundtables and session strands, provide private consultations, and to present at the plenary luncheon with key personnel from Baltimore.

**Wednesday Afternoon Concurrent Sessions, 2:00–3:30 pm** Each session is a continuation of morning session.

Wednesday Evening Concurrent Roundtable, 7:00-8:30 pm

- Future of Systems Change: What needs to be done to move forward?
- Creating an Agenda for Cross Disability and Aging Policy Change
- > Creating the Structure to Support Self-Determination
- ➤ A New View of Competency: Legal and Ethical Issues, Alternatives to Guardianship
- Research and Data: What can we learn? What more needs to be done?
- Families' roles in supporting economic futures for their family members with disabilities
- Assuring Quality: Moving from satisfaction to quality lives

## **Conference Program**

#### **Thursday, May 29, 2008**

#### Morning Concurrent Sessions 9:30 am-11:30 am

Each session includes an in depth discussion of what is working in selfdetermination for people who rely on publicly funded supports. Focus on creating a more responsive system of supports that provides opportunities to be in control of the future and support needed to pursue meaningful and productive lives.

Session 4A

## Self-Determination in Developmental Disabilities Supports in the U. S.

Moderator: Colleen Wieck Ph.D., Minnesota Governor's Council on Developmental Disabilities

Session 4B

**Self-Determination in Developmental Disabilities Supports—An International Perspective** Moderator: Diane Richler, Inclusion International, United Kingdom

Session 4C

#### Self-Determination in Mental Health Supports

Moderator: Dan Fisher, National Empowerment Center, USA

Session 4D

#### Self-Determination in the Independent Living Movement

Moderator: Mike Oxford, Topeka Independent Living Resource Center, KS

Session 4E

#### **Self-Determination in Elder Supports**

Moderators: Dennis Harkins, A Simpler Way, WI; Eli Cohen, Community Services System, PA; Terry Lynch Strategies for Independent Aging, WI

#### Thursday 12:00-3:00 pm Luncheon & Closing Plenary

Wrap Up from Sessions 12:00-3:00 pm

#### Where do we go from here to make it happen?

Some of our esteemed speakers will deliver reports from their respective sessions, including a report from the Advocacy and Leadership session. Participants will share stories, identify progress and articulate promising strategies. The conference will conclude with a vision for where we go from here to make self-determination a reality for everyone.

## Hotel Accommodations and General Information

#### Hotel

By staying at the spectacular **Detroit Marriott at the Renaissance Center**, you will rise above the conventional and overlook the Detroit River and Windsor, Canada. There's something for everyone in this contemporary, luxury hotel. Great for rolling up your sleeves and getting down to business—all while enjoying commanding views and sophisticated décor. The Renaissance Center has shops, restaurants (fast to fancy) and other fine features, all on the riverfront.



Great Rate!! Marriott room rates for single and double are \$115 plus tax. Conference attendees are responsible for making their own reservations online, or call 800-228-9290 and mention the International Conference on Self-Determination. Accessible

rooms have been reserved at the Marriott. For other accessible information, contact Susan Fitzmarice at susanfitzm@gmail.com.

#### **Interested in Exhibiting?**

Exhibitors interested in an exhibition and/or demonstration booth may contact Elaine Taverna at 734-722-6035, or etaverna@comlivserv.com.

Community Living Services 35425 W. Michigan Avenue Wayne, Michigan 48184



For accessibility information, email Susan Fitzmaurice at susanfitzm@gmail.com

For the latest, most up-to-date conference information visit:

#### www.self-determination.com

**Continuing Education Credits:** The Michigan Association of Community Mental Health Boards has requested approval to offer Social Work CEUs. The approval is pending. Please check **www.self-determinaton.com**, or click on ICSD logo for updates.

StoryCorps\*

StoryCorps is an American non-profit organization, whose goal is to instruct and

inspire people to record one another's stories in sound. They will be conducting pre-arranged interviews. If you've got a story to tell and are interested in arranging an interview, call 810-231-6364.



This conference with important international perspectives is being presented by the Center for Self-Determination.

# International Conference on Self-Determination Registration Form

The full conference fee provides you with a program packet, workshops, two breakfasts, two lunches, opening reception and all breaks.

Rates per person

After 5/1/08

**Early Bird** 

**Discount** 

Full Conference	\$275	\$350	10% for 5 or more			
Pre Conference 5/27	\$75	\$100	20% for 10 or more			
THREE EASY WAYS TO REGISTER:						
> REGISTER ONLINE at w	ww.self-de	termination.	com (or simply click link)			
> FAX THIS COMPLETED	FORM to: 5	517-374-1053				
> MAIL THIS COMPLETED	FORM to: MAC	MHB, 426 S. Wal	nut St., Lansing, MI 48933			
REMEMBER, EARLY BIRD DEADLINE IS MAY 1, 2008						
Cancellation Policy: Substitutions are permitted at any time. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the conference, no refund will be given.						
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☐ Thursday Lunch

The special conference rate for Personal Assistants is \$125 (covers food &

☐ Thursday Breakfast

My Personal Assistant is (name)\_

beverage only).

Disability accommodations (including dietary and alternative format) will be provided when written requests are received by 10 business days prior to the conference. Clearly state your specific needs below. On-site requests will be attempted, but cannot be guaranteed.

Name as printed on badge:

Agency:					
Address:					
City:		_ St:	Country		_Zip:
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REGISTRAT	ION QUESTIONS	? CALL	МАСМНВ	(517) 374	-6848